

A meeting of the ESC Cardiovascular Round Table (CRT)

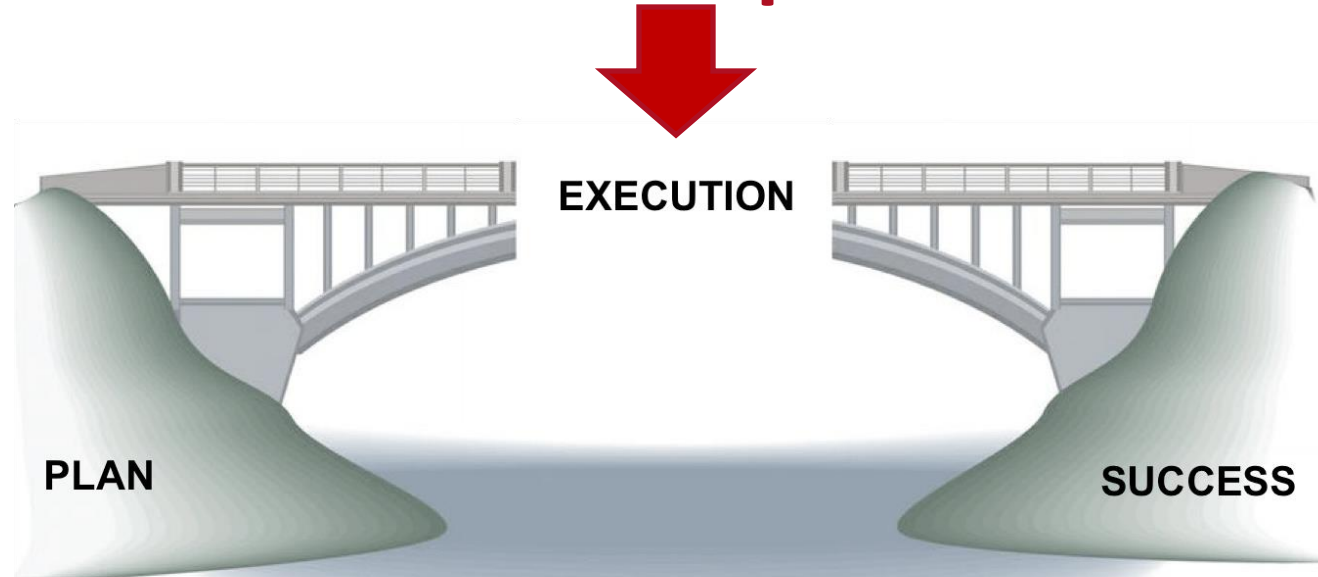
“Implementation of Guidelines at national level”

2 & 3 July 2025

WARSAW- Poland

**High-quality guidelines exist* — yet real-world care often falls short.
The implementation gap is persistent and clinically significant.**

**Bridging the Gap: implementing ESC Guidelines
in real-world practice**



Practice Gaps in CV Care have an impact on human life

The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

Global Effect of Cardiovascular Risk Factors on Lifetime Estimates

The Global Cardiovascular Risk Consortium

arterial hypertension,
hyperlipidemia,
underweight and overweight or
obesity,
diabetes
smoking at 50 years of age

How we arrived at this meeting?

ESC CRT: Hurdles to Implementation



Cardiovascular Round Table

Patient

Scepsis against science/chemistry vs. nature
Low levels of education, conspiracy theories
Negligence

Physician

Low levels of education
Complicated guidelines, access
Negligence, time

Guidelines

Long documents
Complicated
Language barriers

Health Care System

Lack of incentives (short term costs vs. gain)
Reimbursement
Access to medication, devices, procedures
Lack of QC/registries

3 priority actions identified

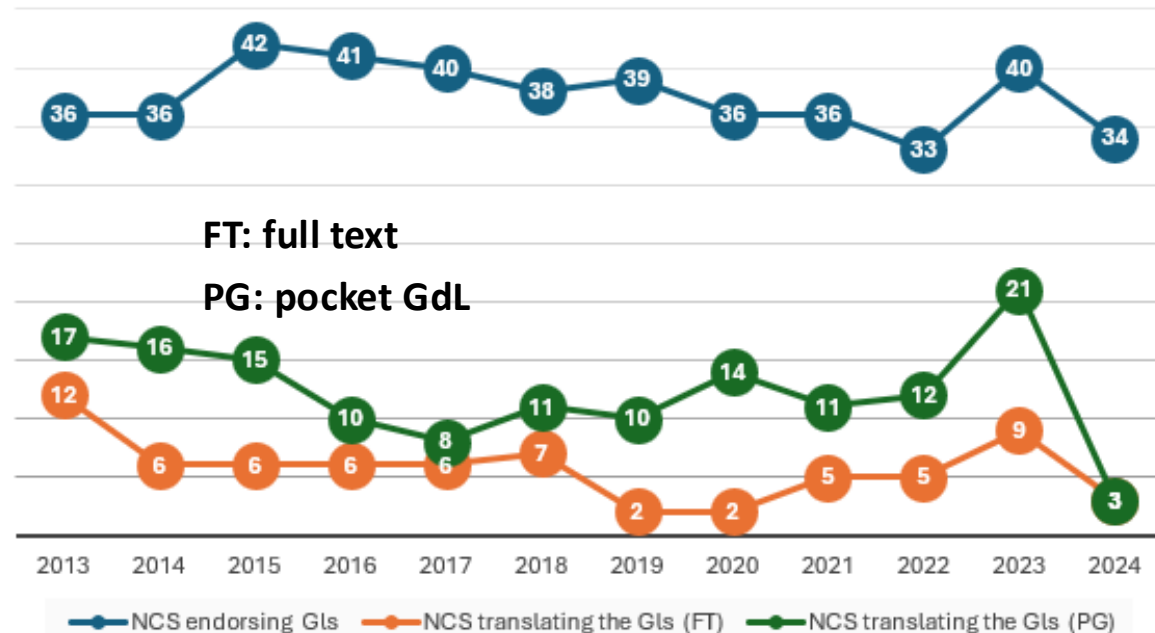
1. Role of National Cardiac Societies (NCS) & language barriers
2. AI for Simplifying Clinical Guidelines
3. Guidelines Production and Process Change

Barriers to Implementation at the national level: language



Cardiovascular Round Table

NCS Endorsements and Translations



In the year 2023....

- 40 have endorsed GdL (**70%**)
 - 21 have translated the PG (**37%**)
 - 9 have translated the FT (**16%**)
 - 19 NCS have translated the FT of 2023 GdL (**33%**)
- (update)

National Guideline Coordinators coordinate activities and ensure communication between NCS and the ESC CPG, for the **endorsement, translation and implementation of the ESC Clinical Practice GdL at the national level.**

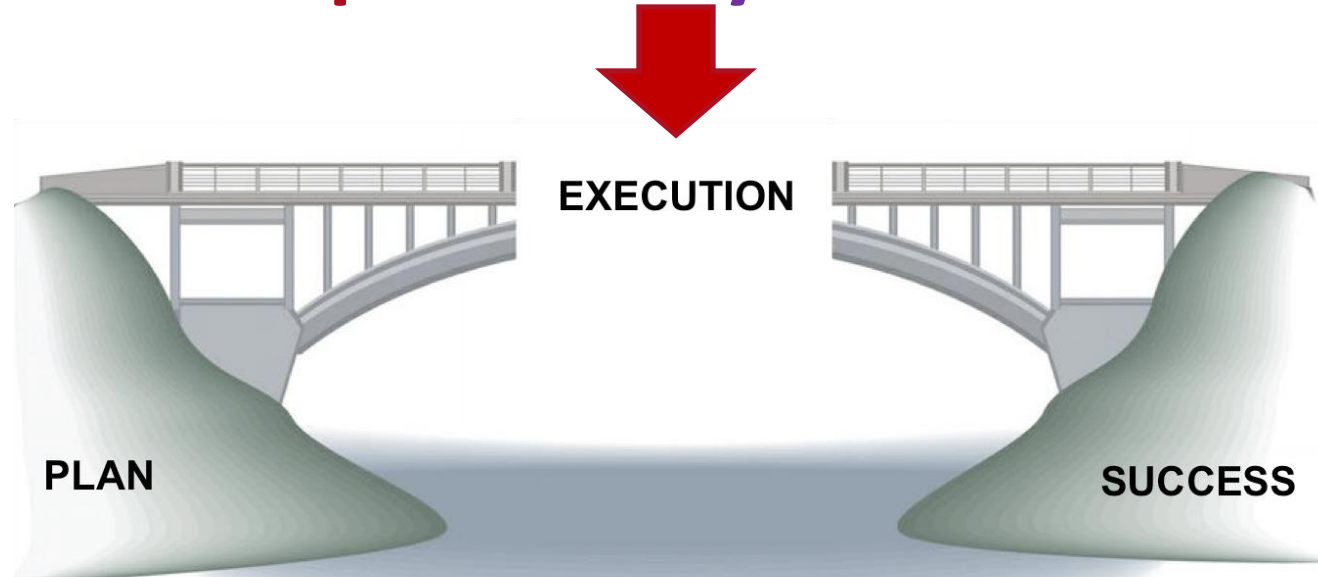


**THE RULES FOR TRANSLATION
OF ESC GUIDELINES
AND THEIR DERIVATIVE PRODUCTS**

**INCLUDING
THE RULES FOR THE EUROPEAN
GUIDELINES ON CVD PREVENTION**

**High-quality guidelines exist — yet real-world care often falls short.
The implementation gap is persistent and clinically significant.**

**Bridging the Gap: implementing ESC Guidelines
in real-world practice by National Societies**



FOCUS

Implementing Guidelines at the **national level**, involving **National Cardiac Societies (NCS)** together with **other national stakeholders**.

This includes

- ✓ national health authorities
- ✓ **non-cardiological societies**
- ✓ allied professionals
- ✓ patient associations
- ✓ Industry



TOOLS


To understand how to improve national implementation of ESC guidelines, with two recent ESC guidelines as ‘working model’, from their release to their current practical application.

GOALS

Identifying **weaknesses**, addressing **challenges**, **successful** models and proposing/hypothesizing **solutions** to common obstacles that are **actionable at the national** level by cardiological and non-cardiological societies

FUTURE

A blueprint on how to implement ESC Guidelines at the local level(s), involving representatives from national cardiological and potentially related non-cardiological societies, with actions and checkpoints for the next 4 to 5 years



What we want to achieve,
together

THANK YOU

13:25 -14:20 SESSION 1.1: LEARNING BY EXAMPLE PART 1
EXAMPLES OF IMPLEMENTATION IN ACS